

Cascais2018 Volunteering

What is Cascais2018 Volunteering project?

Cascais2018 Volunteering project gives young people an opportunity to contribute to the implementation of activities in Cascais European Youth Capital2018 program.

Through their volunteer work, young people will have the chance to live meaningful experiences, contact with people worldwide, expand their social relations and develop personal skills in a spirit of participation and citizenship.

How does Cascais2018 Volunteering project work?

The volunteers participation is focused on practical tasks within specific and short-term activities integrated in Cascais2018 program, according to the specificity of the events.

In order to participate in the projects, young people must enroll in the Cascais2018 Pool of Volunteers, which registrations are open throughout the year.

People registered in this Pool of Volunteers will receive by e-mail, specific volunteering opportunities that come up in the frame of Cascais2018 events and activities. Only members of the Pool of Volunteers can apply.

Young people enrolled in the Pool of Volunteers will be called to participate in a general training of volunteers, aimed at developing their competences, promoting their integration in the project and to know Cascais2018 program. This training is mandatory and only volunteers with this training will be called to participate in the events.

Profile of the Volunteer

- Between 15 and 30 years old;
- Availability and motivation to collaborate;
- Sense of responsibility;
- Empathy;
- Committed to represent the spirit of Cascais2018;
- For certain tasks it may be required specific linguistic knowledge (either of Portuguese or other languages).

I want to be a volunteer

"A volunteer is the individual that in a free, disinterested and responsible way compromises, within their own skills and in their free time, to implement volunteer actions of in a promoting organisation". (in Law nº 71/98 of 3rd November)

To be a Cascais2018 volunteer, the first step is to apply at www.cascais2018.eu. The underage youngsters need to present their tutor authorization to participate in the project.

When registered, the youngsters will be able to apply to the different volunteering oportunities they are interested in.

Volunteers' rights

- a) To receive a grant for food and local transports, in the amount of 3,50 €/hour. If the volunteer is underage the payment will be made to the tutor;
- b) To have a volunteer identification card;
- c) Insurance for personal accidents that may happen during volunteering time;
- d) Basic conditions of security and hygiene will be provided;
- e) Be informed about the tasks that the volunteer will perform;
- f) Present suggestions to improve Cascais2018 volunteering project;

- g) Participate in trainings about volunteering promoted by Cascais2018;
- h) Be informed about personal evaluation as a volunteer;
- i) Receive a participation certificate in the end of the project.

Volunteers' duties

- a) Follow the rules of the program and of each project;
- b) Adopt a responsible, committed and solidary behaviour;
- c) Participate in all trainings promoted by the volunteering project;
- d) To use materials and equipments without previous authorization and ensure their good use when needed;
- e) Work hand in hand with professionals of the organization that is promoting the volunteering project respecting their options and following their technical orientations;
- f) Not to assume Cascais2018 representation without previous authorization of the organization;
- g) When provided use the uniform and identification in a clean and well-presented manner;
- h) In case it's not possible to comply with the agreed schedule, the volunteer must communicate this previously to the responsible person.

Cascais2018 rights

- a) Selection of the volunteers according to the budget available;
- b) Allocate the volunteers to each project according to each application process;
- c) Adjust the projects and tasks of the volunteers if it's needed.

Cascais 2018 duties

- a) Guarantee that each volunteer is supported according to the goals of each activity and/or event;
- b) Register volunteers attendance;
- c) Guarantee the payment of the participation grant of 3,50€/hour;
- d) Provide the insurance for personal accidents to all participants of the projects during the time of each project;
- e) Evaluate and follow each project;
- f) Give a participation certificate to each volunteer in the end of the project.

Suspension of the Volunteering

- a) Volunteers must inform previously Cascais2018 if they need to interrupt or end their participation in the volunteering project;
- b) Cascais2018 may suspend or end the volunteering participation if the present regulation is not followed or in case of duly justified changes in the objectives or tasks previously defined for the program.

Doubts and omissions

Doubts and omission cases will be taken care by Cascais2018, that will analyse each situation. The contact with Cascais2018 can be made to the email cascais2018@cm-cascais.pt.